



# PositivelyMAD

## FACT SHEET

### MASTERING STUDENT MOTIVATION

#### *Developing Intrinsic Motivation Skills*

#### OVERVIEW

*A dynamic, entertaining and highly inspirational presentation seminar, designed to motivate your Key Stage 3 and Key Stage 4 students to take personal responsibility for their goals, their learning and their aspirations. Run in your school hall to groups of 150 at a time, this 2½ hour seminar will empower your students with healthier thinking patterns. This course is ideal for schools who want their year groups to become more intrinsically motivated to succeed. Using the powerful personal development model STATE-BEHAVIOUR-RESULTS, this seminar is especially useful for:*

- Students who have little idea about what they want to achieve in life
- Students who lack the drive to succeed
- Students who lack the stamina to pursue self-set goals
- Students who see exams as the end of the learning process

During the course students will learn how to:

- Challenge habitual behaviours and replace them with more positive behaviours
- Be conscious of, and manage, their personal 'resourceful' states
- Make the fundamental attitude and motivational shift needed for lasting changes in behaviour

The course has two main aims:

- To show students how to take personal responsibility for the futures
- To show students how to motivate themselves

#### VALUE

- At £950 for 2 sessions for 2 groups of up to 150 students, this course offers schools tremendous value for money - it means whole year groups can be impacted in a single day.
- This is not just an entertaining and memorable event, it is a high impacting experience designed to motivate students to take responsibility for their futures.
- This seminar is delivered by a dynamic presenter, able to delight and enthrall large audiences
- This seminar is very easy to arrange – simply fill in the booking form on our website or give our office a call

## RESULTS

This course encourages your students to:

- Question their limiting belief systems & adopt energising belief systems
- Challenge habitual thinking patterns and replace them with more positive behaviours
- Create a more helpful response to change
- Become more responsible for their own 'resourceful states'
- Develop intrinsic motivation skills to achieve self-set goals
- Be more confident in their ability to succeed

## ENDORSEMENTS

"Positively MAD consistently delivers wonderfully uplifting and hugely beneficial workshops and presentations. The students absolutely love them."

*Sote Grande, Head Teacher*

"The aspiration and motivational events have proved extremely successful and I feel that you have inspired a good number of the students to think more positively and creatively about their future."

*Jacky Jackson, AimHigher*

"I would like to take the time to thank you for running the Student Motivation Seminar in our school, Alder Grange. I thought I would write to pass on some student feedback on the event. Almost 100% of the students rated the event as beneficial and stated that they developed new skills during the activity. They said that the best part of the seminar was the FUN activities and the presenter, Joe; and stated that their confidence, ambitions and motivation to achieve have increased thanks to these factors. Staff opinion was also very positive on the event, with all staff surprised at the impact the presentation had on somewhat unruly year 10 students!"

*Natalie Williams, Aimhigher*

## SUMMARY

Who is this course for? Year 9, 10, 11, 12, 13 students

What is the content of this course? State, Behaviour, Results; Intrinsic and Extrinsic Motivation; Power of Change; Goals

Where is this course held? Usually in your school hall / venue of your choosing

When is the best time to book this course? At the start of the academic year, when students need encouragement to see the year in the context of their aspirations / a few months before exams

What is the investment for this event? £950 excluding VAT, (+ travel and accommodation) for two sessions to 2 separate groups of up to 150 students at a time.