



PositivelyMAD

FACT SHEET

THE 6S STUDY SKILLS SYSTEM

Raising Achievement through Reflective Practice

OVERVIEW

The 6S Study Skills course is a dynamic, invigorating and highly practical personalised learning to learn study skills course for all students needing to prepare more effectively for exams, tests and life-long learning. It is presented as 5 X 60 minute workshops, each building upon the other to provide students with a systematic approach to learning and to empower them with a range of innovative learning techniques. This course promotes reflective practice and is particularly useful for:

- Students who do not know how to study effectively
- Students who need to learn how to use a range of learning tools
- Students who leave exam preparation till the last minute
- Students preparing for Key Stage 3 tests and GCSEs

During the course students will:

- Experience and reflect upon the effectiveness of 10 different learning tools
- Learn about the impact of sleep, diet, exercise, mental state, support and skills practice on attainment
- Discover how to use a process of regular review to prepare effectively for tests and exams

The course has two main aims:

- To encourage students to reflect on their learning so that they can experiment with a range of different learning tools in order to become versatile, accomplished, life-long learners
- To encourage students to reflect on their lifestyle choices so that they can choose healthier options in order to maximise the chance of success in the exams

VALUE

- A superb training event delivered by one of our world-class, top-notch youth coaches, whose ability to inform and entertain will provide your students with an unforgettable learning experience
- Well-researched, relevant and highly practical learning tools which appeal to a wide range of learning styles and which promote creativity and enjoyment
- A learning to learn/ learning to study system that fosters independent, self-supported formative learning habits
- A highly enjoyable, humour-filled, interactive learning experience

RESULTS

This course encourages your students to:

- Reflect regularly on their learning in order to experiment with and master a range of effective learning tools
- Take personal responsibility for their own learning
- Avoid cram studying through systematic and regular review
- Try different learning approaches for different learning areas
- Use more than one approach to exam preparation
- Reflect on ways they can change lifestyle habits to support their learning

ENDORSEMENTS

"Thank you for such a fabulous and positive session on Thursday. As expected the presenter made a great impression with the students who seemed to hang on to every word! The day was so far removed from the general expectations the students have of 'standard revision sessions'. The day allowed the students to explore their strengths and capabilities in a fun and engaging manner. Students who started the session saying "I can't do it", "I'm not clever", soon realised that with the right techniques they are a lot more capable than they give themselves credit for. All the feedback we have received from the students since the day has been glowing."

Cheryl Pawson, King Edward VI, Spilsby

"Thank you very much. Your work built up my motivation and I am determined to use your tips to get the best of grades. I loved your way of teaching and your personality was fantastic. It would be great if you would visit us again for it was a pleasure having you here and I am honoured to have been in your presence."

Year 11 Student, Broadway High

SUMMARY

Who is this course for? Year 9, 10, 11, 12, 13 students (aged 15+). One group of up to 30 students per course.

What is the content of this course? The Regular Review Process, 10 Effective Learning Tools, Whole-body exam preparation

Where is this course held? Usually in a classroom that accommodates 30 students at desks / a school hall with 30 desks

When is the best time to book this course? This course is suitable from the start of the academic year or up to a week before major examinations.

What is the investment for this event? £950.00 (+ £130 travel and accommodation) ex VAT. Includes professional facilitator and all materials and resources.