



# PositivelyMAD

## FACT SHEET

### AIMING HIGHER

#### *Changing Limiting Beliefs is the Platform for Raising Aspirations*

#### OVERVIEW

*This dynamic seminar is a wonderful opportunity for whole year groups at Key Stage 3 and 4 to participate in an interactive presentation that will raise students' aspirations by guiding them through a reflective journey of inner discovery and self-motivation. This will help them to create a clear pathway to success. The Aiming Higher seminar is a truly inspirational and engaging experience which shows students how to reach meaningful self-set goals. It's an uplifting 2 ½ hour seminar that motivates individuals to believe in themselves more by using powerful life-coaching skills and personal development techniques. This course is especially useful for:*

- Students who don't know how to dream for the futures
- Students who struggle to set and achieve goals
- Students who believe they don't have the ability to succeed
- Students who need to raise their aspirations

During the course students will:

- Reflect deeply about what it is they really want to achieve whilst they are in education
- Be shown how to create goal maps

The course has two main aims:

- To get students to believe in their ability to make their aspirations a reality
- To encourage students to take personal responsibility for their futures

#### VALUE

- An outstanding training event delivered by one of our first-rate youth coaches, whose ability to inform and motivate will provide your students with a training session that they will always remember
- The power and effectiveness of essential life-skills and personal development tools
- A way of recording their aspirations so that their subconscious is directed to making them happen
- An uplifting, empowering and confidence-boosting seminar

## RESULTS

This course encourages your students to:

- Believe in their ability to make their aspirations a reality
- Dream – and dream big
- Create a strong inner drive to succeed
- Understand the power of positive thinking states
- Understand personal responsibility
- Use personal development tools as a life-long skill

## ENDORSEMENTS

"I would just like to say a big thank you on behalf of Collingwood Year 9 students for the excellent Aiming Higher programmes that were delivered by an inspiring Jay from Positively Mad. He was fantastic and even the staff present felt educated in the skills of goal mapping and revision techniques. The courses were delivered with enthusiasm and conviction and if money allows I will certainly be looking to fund your company and indeed Jay coming in again to deliver these programmes for the whole of year 9. We were all privileged to learn some new techniques that will help us to improve our memory skills and help us educate ourselves to get better results from our lessons and our exams in the future. Thanks again for your commitment to learning!"

*Sam Goggin, Year 9 Manager*

The trainer from Positively Mad was out of this world! He really got the students motivated to start thinking and planning about the future. The students are lining up for information already!"

*Bridie Newman PSHE Teacher - Worcester*

## SUMMARY

Who is this course for? Year 9, 10, 11, 12, 13 students

What is the content of this course? Your Inner Motivation, The 7 Keys to Success, 7 Empowering Questions, Creating your pathway to success

Where is this course held? Usually in your school hall / venue of your choosing

When is the best time to book this course? This course can be booked throughout the year

What is the investment for this event? £950 excluding VAT (+ travel and accommodation) - Includes professional facilitator and student materials and resources.