

Exam Busters

A highly interactive multisensory learning experience

This is a fast-paced, high-energy, highly interactive workshop designed to improve memory skills, increase self-confidence, understand the importance of reflective practices and regular review, and to prepare for exams.

It provides a heightened sense of aspiration and self-belief and promotes a positive attitude towards learning.

The skills learned in this workshop will improve exam performance.



Description

Ideal for Key Stage 4 students (though many schools use it for KS3 also), this highly-interactive, multisensory learning experience shows them how to prepare for exams by equipping them with a range of very effective learning tools and exam preparation skills. It's a refreshing 2½ hour learning to learn presentation for students which will boost exam performance.

Run in your school hall to groups of 150 students at a time, this course also shows students how to reduce exam-related stress by preparing more efficiently.



Content

During the course students will:

Be equipped with a range of learning to learn and memory tools and techniques.

Be introduced to the concept of the regular review process and given tools to follow through with this.

Be shown how to relax when preparing for exams.

Be encouraged to create an effective learning environment.

Be shown state-management techniques.



Benefits

Students will leave the Exambusters workshop feeling energized, enthusiastic and far better prepared for their workload and their exams.

Although the name suggests that the workshop is just for revision & exam periods this is simply not the case. Indeed, we repeatedly hear from Year 11 students that they "wish we had learned this earlier".

The sooner the better as far as we are concerned. The skills learned in Exambusters are skills for life: study, preparation, relaxation, stress reduction, organization, mental & physical health and well-being – as well as BUSTING through revision and exams themselves!!

Especially useful for students in Key Stage 4 and above, this course will also benefit:

Students who do not know how to prepare themselves mentally and physically for exams.

Students who need to improve learning skills.

Students who need exam support.

Students who need more confidence to aspire higher.



Aims

The course has 2 main aims:

To stimulate a positive attitude towards learning & revision.

To provide simple but effective techniques to better organize workload and improve exam preparation and performance.

"We found that the workshop raises the students' confidence and motivation."

Aimhigher Manager



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